



Ladera Ranch American
Ladera Ranch National
North Mission Viejo
San Clemente American
San Clemente National

Little League
California District 68
P. O. Box 3025
Mission Viejo, California 92690

San Juan Capistrano
Santa Margarita American
Santa Margarita National
South Mission Viejo
Trabuco Canyon
Viejo



California District 68

(405-68-00)

2021 Safety Plan



Welcome to the 2021 Little League season; we hope this will be a safe and memorable season of great baseball for all of us. The staff of District 68 and all its volunteers will continue to put safety first as well as provide a fun and safe environment. We will do this by continuing to educate our volunteers on new and exciting ways of keeping our fields safe to play on. We have regularly scheduled District meetings where we discuss upcoming events and issues encountered. We discuss how the leagues solve these issues and how they may be prevented in the future. Many of these issues concern facilities, equipment, safety and Covid-19. Clinics will be held to instruct our managers and coaches on the fundamentals of baseball and positive coaching techniques along with the Rules and Regulations of Little League to help ensure our young players are taught properly to play the game while keeping a positive and fun environment. Mandatory First Aid Clinics will be held around the district to ensure that our Managers and Coaches will know how to react properly to any given situation in the event of an emergency. A league's Safety Manual and a First Aid Kit will be provided to the managers at these clinics and will be required to be with them at every practice and game.

In summary, we are responsible for the safety of our children.



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South Mission Viejo
Trabuco Canyon
Viejo



Website: District68.com

League/District Number: 405-68-00

LEAGUES IN CALIFORNIA DISTRICT 68

Ladera Ranch American Little League	405-55-159875
Ladera Ranch National Little League	405-55-159875
North Mission Viejo Little League	405-55-07
Rancho Mission Viejo Little League	Merged with Viejo Little League
Santa Margarita American Little League	405-55-124141
Santa Margarita National Little League	405-55-124141
San Clemente American Little League	405-55-09
San Clemente National Little League	405-55-09
San Juan Capistrano Little League	405-55-10
South Mission Viejo Little League	405-55-15
Trabuco Canyon Little League	405-55-21
Viejo Little League	405-55-03

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REQUIREMENT 1

DISTRICT SAFETY OFFICERS AND LEAGUE SAFETY OFFICERS

District Safety Officer

Dan Bamsey

Phyrmn@aol.com

League Safety Officers within District 68

Ladera Ranch Little League

Vacant
jeremie.corpuz@gmail.com

North Mission Viejo Little League

Mike Casey
Safety@nmvll.org

Santa Margarita Little League

Robbie Miller
Miller_Robert@sccollege.edu

San Clemente Little League

Richmond Mills
rimillsscll@gmail.com

San Juan Capistrano Little League

Andrew Powell
safetymanager@sjcll.com

South Mission Viejo Little League

Cameron Knauerhaze
cameronk47@gmail.com

Trabuco Canyon Little League

Shannon Jenkins
safety@tccl.org

Viejo Little League

Glen Crow
gcrow612@cox.net

REQUIREMENT 2

District 68 holds several meetings to train the League Safety Officers. The annual Presidents and Safety Officer Meeting was held on January 20, 2021 (see Attachment I). The District Administrator presented a PowerPoint presentation (available on the Little League Website <https://www.littleleague.org/player-safety/asap/forms/>). An additional review of the 15 elements of safety was handed out to and discussed with each league Safety Officer and was used to structure each league's Safety Plan (Attachment II). Each element of the Safety Plan was discussed and critiqued.

1. Distribution of District Safety Plan

- a. A copy of the District Safety Plan will be published on the District 68 website: [www . district68.com](http://www.district68.com)
- b. A paper copy of the District Safety plan will be put into each Tournament Director's Notebook kept at each District 68 tournament site (Tournament of Champions and All Star Tournament).
- c. A paper copy of the District Safety plan will be given to each of the league safety officers.



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REQUIREMENT 3

Emergency Numbers

- | | | |
|----|-----------------------|--------------|
| 1) | Emergency of any kind | 911 |
| 2) | Mission Hospital | 949.364.1400 |
| 3) | Poison Control | 800.222.1222 |
| 4) | Animal Control | 949.470.3045 |

Website: District68.com

League/District Number:

405-68-00

2021 District 68 Staff

Position	Name	Email
District Administrator	Ezio Petrella	Ezpetrella@gmail.com
Secretary	Raquel Brunner	raquelbrunner@cox.net
Director of Operations	Kevin Moran	kjmacpa@cox.net
Angel Day Coordinator	Ezio Petrella/Michele Cole	
Lower Division ADA/Social Media	Michele Cole	Michele.cole@cox.net
Umpire in Chief	Bob Boatright	Reb161@cox.net
Assistant Umpire in Chief	Rick Alleman	picocaptain@yahoo.com
Tournament Umpire Consultant	Scott Goodman	Sgoodman7@yahoo.com
Safety Officer	Dan Bamsey	phyrmn@aol.com
Little League ADA	Ken Crane	Kencrane2@yahoo.com
Juniors ADA	Dan Moore	danmoore.smll@gmail.com
Seniors ADA	Dan Moore	danmoore.smll@gmail.com
Challenger ADA	John Yots Rod Hurt	jyotsjr@gmail.com rodhurt1@gmail.com
Legal Consultant	Mike Kron	Mikekr2004@hotmail.com
Webmaster	Dave Rigby	dave@drigby.com

2021 Tournament Directors

Name	E-mail	Cell Phone
Adam Ermisch	adam.ermisch@cox.net	949-306-3271
Ben Parran	benparran@att.net	949-742-4908
Bob Boatright	Reb161@cox.net	949-322-7781
Chuck King	Chuck.king@fedEx.com	949-683-3548
Dan Bamsey	phyrnm@aol.com	951-203-9781
Dan Moore	danmoore.sml@gmail.com	714-321-3128
Dave Rigby	dave@drigby.com	949-294-6948
Don Asay	donasay1@cox.net	949-306-7453
Ed Gurzi	gurzbra@cox.net	714-315-9511
Ezio Petrella	ezpetrella@gmail.com	949-413-3770
Fred Vizcarra	f.vizcarra@sbcglobal.net	714-454-0574
Jack Luster	lustersilk@gmail.com	949-229-9496
Jeff DuChateau	jeffduchateau@gmail.com	949-344-0029
Jeremy Kivlen	bkivlen@cox.net	949-243-4200
Jerry Delmore	jcdelmore@cox.net	949-939-5501
John Desmond	jwdres@aol.com	949.283.3486
John Heppert	kdsnk9s@gmail.com	949-233-5347
John Lally	john@kallallys.com	949-933-8074
Mark Conboy	markmvca@hotmail.com	562-234-9263
Michele Cole	Colem51770@gmail.com	949-395-8751
Mike Reynolds	mikeanderinreynolds@icloud.com	949-528-5648
Rich Wordes	rswordes@wwgc.com	(949) 422-5782
Rick Alleman	picocaptain@yahoo.com	949-422-4483
Ricky Ford	foreford@cox.net	949-370-3900
Ricky Herrera	rh7112@aol.com	949-533-9603
Rod Hurt	rodhurt1@gmail.com	949-246-4878
Sam Griffith	griffith.sam@att.net	650-280-4704
Scott Goodman	sgoodman7@yahoo.com	949-292-8894
Scott Hemp	shemp@laderalending.com	949-246-7279
Tom Knego	tknego1@cox.net	714-655-3869
(Scores)		
Western Region Protest Line 909-887-6505		



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REQUIREMENT 4

The District had a meeting with all league Presidents, Player Agents and Safety Officers (Listed on Page 20). Presentations were given and the following items were covered:

- a. All volunteers for 2021 need to fill out the 2021 Little League Volunteer form. This year's form should be obtained from the Little League website at: <http://www.littleleague.org/learn/forms.html>
- b. JDP or California DOJ will be used by all leagues in District 68 to do a thorough background check for all league volunteers. Attendees were reminded that the first 125 JDP checks will be done for free.
- c. All District 68 tournament umpires need to fill out a volunteer form for each league for which they umpire 3 or more games. That league would also be responsible for doing a JDP/DOJ check independently of the other leagues.
- d. District 68 is transitioning to the Live Scan background check system through the California Department of Justice (DOJ).

All District 68 Staff Members and Tournament Directors will be required to fill out a 2021 Little League Volunteer form. A JDP background check will be done by the District Administrator or by his designee for each of these persons. The Little League Volunteer form is part of the JDP background check process. District volunteers will also go through the DOJ process.



Little League® Volunteer Application – 2021

Do not use forms from past years. Use extra paper to complete if additional space is required.



This volunteer application should only be used if a league is manually entering information into JDP or an outside background check provider that meets the standards of Little League Regulations 1(c)(9). THIS FORM SHOULD NOT BE COMPLETED IF A LEAGUE IS UTILIZING THE JDP QUICKAPP. Visit LittleLeague.org/LocalBGcheck for more information.

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO COMPLETE THIS APPLICATION.

All RED fields are required.

Name Date

Address

City State Zip

Social Security # (mandatory)

Call Phone Business Phone

Home Phone E-mail Address

Date of Birth

Occupation

Employer

Address

Special professional training, skills, hobbies:

Community affiliations (Clubs, Service Organizations, etc.):

Previous volunteer experience (including baseball/softball and year):

1. Do you have children in the program? ☐ Yes ☐ No
If yes, list full name and what level?

2. Special Certification (CPR, Medical, etc.)? If yes, list: ☐ Yes ☐ No

3. Do you have a valid driver's license? ☐ Yes ☐ No
Driver's License #: State

4. Have you ever been charged with, convicted of, pled no contest, or guilty to any crime(s) involving or against a minor, or of a sexual nature? ☐ Yes ☐ No
If yes, describe each in full:
(If volunteer answered yes to Question 4, the local league must contact the Little League Security Manager.)

5. Have you ever been convicted of or pled no contest or guilty to any crime(s)? ☐ Yes ☐ No
If yes, describe each in full:
(Answering yes to Question 5, does not automatically disqualify you as a volunteer.)

6. Do you have any criminal charges pending against you regarding any crime(s)? ☐ Yes ☐ No
If yes, describe each in full:
(Answering yes to Question 6, does not automatically disqualify you as a volunteer.)

7. Have you ever been refused participation in any other youth programs and/or listed on the SafeSport Centralized Disciplinary Database or USA Baseball Ineligible List? ☐ Yes ☐ No

If yes, explain:
(If volunteer answered yes to Question 7, the local league must contact the Little League Security Manager.)

In which of the following would you like to participate? (Check one or more.)

☐ League Official ☐ Umpire ☐ Manager ☐ Concession Stand
☐ Coach ☐ Field Maintenance ☐ Scorekeeper ☐ Other

Please list three references, at least one of which has knowledge of your participation as a volunteer in a youth program:

Name/Phone

IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: LittleLeague.org/BackgroundCheck

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me now and as long as I continue to be active with the organization, which may include a review of sex offender registries (some of which contain name only searches which may result in a report being generated that may or may not be me), child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Signature Date

If Minor/Parent Signature Date

Applicant Name (please print or type)

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

LOCAL LEAGUE USE ONLY:

Background check completed by league officer on

System(s) used for background check (minimum of one must be checked):

Review the Little League Regulation 1(c)(9) for all background check requirements

☐ JDP (Includes review of the SafeSport Centralized Disciplinary and USA Baseball Ineligible List)*

OR

☐ National Criminal Database check

☐ SafeSport Centralized Disciplinary Database and/or

☐ National Sex Offender Registry

☐ USA Baseball Ineligible List Sex Offender

*Please be advised that if you use JDP and there is a name match in the law states where only name match searches can be performed you should notify volunteers that they will receive a letter or email directly from JDP in compliance with the Fair Credit Reporting Act concerning information regarding the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.

Form Updated: 10/26/2020



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Little League® "Basic" Volunteer Application – 2021

Do not use forms from past years. Use extra paper to complete if additional space is required.



This volunteer application can be used as a reference for leagues utilizing the JDP Quick App or for leagues that are using an outside background check provider that meets the standards of Little League Regulation 1(c)(9). Visit LittleLeague.org/LocalBGcheck for more information.

All RED fields are required.

Name: _____
First Middle Name or Initial Last
Address: _____
City: _____ State: _____ Zip: _____
Home Phone: _____ Cell Phone: _____
Work Phone: _____ E-mail Address: _____
Driver's License #: _____

- Have you ever been charged with, convicted of, pled no contest, or guilty to any crime(s) involving or against a minor, or of a sexual nature?
If yes, describe each in full: _____ ☐ Yes ☐ No
(If volunteer answered yes to Question 1, the local league must contact the Little League Security Manager.)
- Have you ever been convicted of or pled no contest or guilty to any crime(s)? ☐ Yes ☐ No
If yes, describe each in full: _____
(Answering yes to Question 2, does not automatically disqualify you as a volunteer.)
- Do you have any criminal charges pending against you regarding any crime(s)? ☐ Yes ☐ No
If yes, describe each in full: _____
(Answering yes to Question 3, does not automatically disqualify you as a volunteer.)
- Have you ever been refused participation in any other youth programs and/or listed on the SafeSport Centralized Disciplinary Database or USA Baseball Ineligible List? ☐ Yes ☐ No
If yes, explain: _____
(If volunteer answered yes to Question 4, the local league must contact the Little League Security Manager.)
- In which of the following would you like to participate? (Check one or more.)
☐ League Official ☐ Field Maintenance ☐ Concession Stand
☐ Coach ☐ Manager ☐ Other _____
☐ Umpire ☐ Scorekeeper

A COPY OF VALID GOVERNMENT ISSUED PHOTO IDENTIFICATION MUST BE ATTACHED TO COMPLETE THIS APPLICATION (NOT NECESSARY IF VOLUNTEER IS RETURNING).

Please provide updated information below if there are any changes from previous years or requesting a new position.

Occupation: _____
Employer: _____
Address: _____

Special professional training, skills, hobbies: _____

Special Certifications (CPR, Medical, etc.): _____

Special Affiliations (Clubs, Services Organizations, etc.): _____

Previous volunteer experience (including baseball/softball and years (s)): _____

IF YOU LIVE IN A STATE THAT REQUIRES A SEPARATE BACKGROUND CHECK BY LAW, PLEASE ATTACH A COPY OF THAT STATE'S BACKGROUND CHECK. FOR MORE INFORMATION ON STATE LAWS, VISIT OUR WEBSITE: littleleague.org/3to5States.html

AS A CONDITION OF VOLUNTEERING, I give permission for the Little League organization to conduct background check(s) on me now and as long as I continue to be active with the organization, which may include a review of sex offender registries (some of which contain name only searches which may result in a report being generated that may or may not be me), child abuse and criminal history records. I understand that, if appointed, my position is conditional upon the league receiving no inappropriate information on my background. I hereby release and agree to hold harmless from liability the local Little League, Little League Baseball, Incorporated, the officers, employees and volunteers thereof, or any other person or organization that may provide such information. I also understand that, regardless of previous appointments, Little League is not obligated to appoint me to a volunteer position. If appointed, I understand that, prior to the expiration of my term, I am subject to suspension by the President and removal by the Board of Directors for violation of Little League policies or principles.

Applicant Name (please print or type): _____

Applicant Signature: _____ Date: _____

If Minor/Parent Signature: _____ Date: _____

NOTE: The local Little League and Little League Baseball, Incorporated will not discriminate against any person on the basis of race, creed, color, national origin, marital status, gender, sexual orientation or disability.

LOCAL LEAGUE USE ONLY:

Background check completed by league officer _____ on _____

System(s) used for background check (minimum of one must be checked):

Review the Little League Regulation 1(c)(9) for all background check requirements

☐ JDP (Includes review of the SafeSport Centralized Disciplinary and USA Baseball Ineligible List)*

OR

☐ National Criminal Database check ☐ SafeSport Centralized Disciplinary Database and/or USA Baseball Ineligible List Sex Offender

☐ National Sex Offender Registry

*Please be advised that if you use JDP and there is a name match in the law states where only name match searches can be performed you should notify volunteers that they will receive a letter or email directly from JDP in compliance with the Fair Credit Reporting Act containing information regarding all the criminal records associated with the name, which may not necessarily be the league volunteer.

Only attach to this application copies of background check reports that reveal convictions of this application.

Last Updated: 10/28/2020

REQUIREMENT 5

PROVIDE FUNDAMENTAL TRAINING

District 68 sponsors three district-wide training sessions for coaches and managers. 1) The links to the Little League website leading to the Little League International website leading to the Little League University coaching materials. 2) The District has purchased the Big Al Coaching materials and made available separate links for coaches, managers and parents who are in District 68.3) A field clinic, free of charge to all persons in District 68 lead by Jerome Williams, a 11 year MLB pitcher. The attendee statistics and information for the Jerome Williams coaching clinic are listed below:

2021 Coaches Clinic Attendance

League Name	Total Teams Majors and Below	D-68 Clinic Attendance	% Teams Represented Majors & Below
LADERA RANCH LL	43	3	7
MISSION VIEJO NORTH LL	13	2	15
SAN CLEMENTE LL	66	8	12
SAN JUAN CAPISTRANO LL	25	1	4
SANTA MARGARITA LL	42	5	12
SOUTH MISSION VIEJO LL	19	9	47
TRABUCO CANYON LL	13	1	8
VIEJO LL	23	8	35
Total	244	37	18



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2021 District 68 Coaches Clinic With Jerome Williams



Pitched in MLB for 11 years, currently a pitching coach for the NY Mets

Sunday January 24th and January 31st
Upper Gilleran Field in Mission Viejo

Free of charge to all District 68 Managers and Coaches-

Show up to the field 15 minutes prior to the start of the session and sign in.

Agendas:

Sunday, January 24th

Morning Session 8am-12pm - T-ball, A, AA
Afternoon Session 1pm – 5pm – AAA, Major, Junior
Fielding and Hitting

Instructors scheduled to be present – Austin Leyritz, Tom Furukawa, Tyler Depreta, Jose Tolentino, Bret Levire, Adam Sorgi, Milan Tolentino, Jake Ortega, and Tony Nieto

- INTRODUCTIONS – 15 min
- Stretching and conditioning – 30 min
- Throwing mechanics – 30 min
- Split into groups – 3 stations – 45 min each station
- Batting Cages
- Infield
- Outfield
- Rotate stations every 45 min
- Q & A at the end

Sunday, January 31st

Morning Session 8am-12pm - T-ball, A, AA
Afternoon Session 1pm – 5pm – AAA, Major, Junior
Pitching, Catching, Baserunning

Instructors scheduled to be present – Austin Leyritz, Tom Furukawa, Tyler Depreta, Jose Tolentino, Bret Levire, Adam Sorgi, Milan Tolentino, Jake Ortega, and Tony Nieto

- Introduction – 15 min
- Stretching and conditioning – 15 min
- Baserunning – 1 hour – will teach at each bag
- Pitching and Catching – 1 hour each for pitching group and catching group
- Q & A at the end

Training & Development Programs

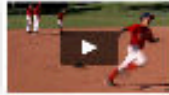


For Coaches

4-8 yrs



9-12 yrs



Coaches, you are the #1 reason why players continue to play this game. This T&D program includes everything you need for the season; the skills and strategy you need to teach, drills and practice plans and great approaches for game day.

[More...](#)



TDC memberships for coaches of 4-8 and 9-12 year old players.

[Select a Program](#)



For Parents & Players

4-8 yrs



9-12 yrs



Parents, we know players accelerate their skill development and develop confidence when they practice and play at home. This T&D program includes instruction on skills, positions, strategy and provides you with lots of drills, games and challenges you can do together at home.

[More...](#)



TDC memberships for parents of 4-8 and 9-12 year old players.

[Select a Program](#)



For Leagues



Leagues, we know T&D for coaches is absolutely critical to the success of your league. Order a League License and give every coach an online membership and they will have the support needed to coach this season. Players will have more fun, parents will thank you, teams will be more successful and more players will return next year.

[More...](#)



TDC memberships for coaches and parents of 4-8 and 9-12 year old players.

[Select a Program](#)



Al Price (Big Al) and his son Scott Price, bring a rich set of experiences and strong backgrounds to their new online training and development programs. They both played baseball at a high level so they understand the game. They are professional educators with years of teaching experience and understand how players learn. They have had the opportunity to present live training sessions to over 300,000 coaches and over 80,000 players and have coached teams at all levels. They have authored curriculum and developed resources used by thousands of leagues and over 1.4 million coaches, managers, players and their parents. The Big Al Baseball program continues to evolve with their passion to help coaches and players in this fantastic game.

I have always been concerned about how young players are being taught the fundamentals of baseball; however after watching Al Price and his son Scott conduct their clinics around the country, I am convinced that the people who attend their clinics are being taught properly, and that makes me feel better about the future of the game.

Sincerely
Joe Morgan - MLB "Hall of Famer"



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2021 District Umpire Schedule/Meetings

Rules Clinics (Zoom)

- February 10th (Wednesday) at 6:00PM – 10:00 PM
<https://us02web.zoom.us/j/87091095965?pwd=bGJTbk1jUFN0azVSa3pITG9pTWd1dz09>
Meeting ID: 870 9109 5965
Passcode: 240940
One tap mobile
+16699009128,,87091095965#,,, *240940# US (San Jose)
+13462487799,,87091095965#,,, *240940# US (Houston)
- February 16th (Tuesday) at 6:00 PM – 10:00 PM
<https://us02web.zoom.us/j/88212501241?pwd=RW5rR3FLRHRXVXQyN1ZwSytJUzhFUT09>
Meeting ID: 882 1250 1241
Passcode: 845858
One tap mobile
+16699009128,,88212501241#,,, *845858# US (San Jose)
+13462487799,,88212501241#,,, *845858# US (Houston)
- February 22nd (Monday) at 6:00 PM – 10:00 PM
<https://us02web.zoom.us/j/82737294559?pwd=Mk8vUE9RMmt2eXZNQjlyOUdqdkSyZz09>
Meeting ID: 827 3729 4559
Passcode: 429763
One tap mobile
+16699009128,,82737294559#,,, *429763# US (San Jose)
+13462487799,,82737294559#,,, *429763# US (Houston)

Field Umpire Mechanics Clinic

- February 28th (Sunday) at 12:00 Noon – 3:00 PM
Cox Park, Ladera Ranch
- March 7th (Sunday) at 12:00 Noon – 3:00 PM
Vista Hermosa, San Clemente
- March 13th (Saturday) at 2:00PM - 5:00PM
Upper Gilleran, Mission Viejo

Blue Crew Meetings

- February 28 Sunday at 6:00 PM
Location: All Star Pizza
Host: North Mission Viejo Little League and Ladera Ranch Little League
- March 21st Sunday at 6:00 PM
Location: All Star Pizza
Host: South Mission Viejo Little League
- April (TBD) Sunday at 6:00 PM
Location: (TBD)
Host: (TBD)



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REQUIREMENT 6
REQUIRE FIRST-AID TRAINING

All league Presidents and Safety Officers are instructed that all leagues must provide First Aid training for the Managers and Coaches (Attachment I, January 16). Each League is responsible for scheduling its own session and arranging for an appropriate instructor. The District verifies this training by reviewing the Safety Plan.

All District Tournament Directors will attend a training session prior to the beginning of the Tournament of Champions (meeting not scheduled to date but will be scheduled in May). In this meeting, there will be First Aid training and what to do in case of an injury or other possible emergency. The instructor for this year's training will be Ricky Herrera, Paramedic, Los Angeles City Fire Department. There will also be training on filling out and submitting the Accident Reports. All Tournament Umpires will be given the same First Aid training at the pre-tournament umpires meeting set for May.

A concussion is a type of traumatic brain injury usually caused by a bump, blow or jolt to the head, or by sudden deceleration of the head causing movement of the brain within the skull. This is a serious and potentially life-threatening injury that should be evaluated by a trained medical professional.

- I. Signs and symptoms for determining a concussion may include any or all of the following symptoms to a varying degree;
 - Difficulty thinking clearly
 - Feeling slowed down
 - Difficulty concentrating
 - Difficulty remembering new information
 - Headache
 - Nausea or vomiting
 - Balance problems
 - Dizziness
 - Fuzzy or blurred vision
 - Feeling tired
 - Sensitivity to noise or light
 - Irritability
 - Sadness
 - Emotional
 - Nervousness or anxiety
 - Abnormal sleep patterns

Any person exhibiting any of these symptoms after an impact incident will be determined as a potential concussion risk.



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-
- a. All District 68 Tournament Directors will be required to provide a certificate of completion for the Center for Disease Control (CDC) online training for concussion awareness to the District 68 Safety Officer before working any tournament games. <http://www.cdc.gov/concussion/HeadsUp/onlinetraining.html>
- II. A player who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A player who has been removed from play may not return to play until the player is evaluated by a licensed health care provider trained in the evaluation and management of concussion and receives written clearance to return to play from that health care provider.
- III. **Note 1:** The team's manager and assistant coaches need to evaluate players who experience head impacts. This observation extends beyond the first couple of minutes after the impact incident.
- The manager needs to comply with the reporting procedures by notifying the Tournament Director and completing an Accident Report noting "possible concussion" on the form.
- Note 2:** Umpires should also make independent observations of a player who experiences a head impact. If an umpire observes any of the concussion symptoms in a player after a head impact incident, the umpire should inform the manager that the player is to be removed from the game.
- The umpire's judgment is final. The umpire must then notify the Tournament Director who will initiate the Accident Report Form.
- IV. At the conclusion of the game, the Tournament Director will notify the District Administrator or the District Safety Officer that the identified player was removed from the game for concussion-like symptoms (the preferred method is by email so that a record of the notification is created). The District Representative will then send the notification to the league's President to ensure that the team's manager complies with the necessary safety guidelines.
- V. The Manager needs to ensure that the involved player is medically cleared to participate in the teams' next practice or game. The player's parents will be instructed to seek medical advice to allow the player to continue participation. A letter must be presented to the Tournament Director prior to the next game that the player has been medically cleared to participate. The player will not be allowed to participate until the letter is presented to the Tournament Director. Any manager who fails to comply with the established guidelines is subject to review by the league's Board of Directors for possible disciplinary action.



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REQUIREMENT 6
REQUIRE FIRST-AID TRAINING
(cont)

District 68 also requires all Staff, Tournament Directors, All Star managers and coaches to complete training in, and submit certification of training in USA Baseball Abuse Recognition , and Eric Paredes Save a Life Foundation - Sudden Cardiac Arrest.

USA Baseball: <https://www.sportdev.org/>

Eric Paredes Save a Life Foundation: [SCA Prevention Training Registration - Eric Paredes Save A Life Foundation \(epsavealife.org\)](#)

Full page information sheets for both of these valuable training programs are included as Attachment 7.

COVID-19

As the COVID-19 pandemic progresses, District 68 and each of our leagues will have to be flexible, adapting to changes in the allowable activity and congregation requirements.

At the beginning of allowable play, procedures have been set that will allow games to continue. While these are restrictive by our past standards, they will permit resumption of play. These guidelines will be followed as long as needed.

District 68 asks all to be patient in these requirements. With cooperation from all, we can eventually enjoy a return to playing baseball as we once knew it.

The full text of the Resumption of Play Guidelines appears as Attachment 8.



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REQUIREMENT 7

REQUIRE COACHES/MANAGERS TO WALK THE FIELD

All fields used for District 68 Junior/Senior games, Tournament of Champions and All Star games are administered and maintained by individual leagues. At the tournament managers' meetings (Attachment I; TOC–May 27th and All Star–TBD), the managers are instructed on their responsibility to walk the field to be sure they are safe to play on. Both team managers are responsible for inspection for each game.

All Tournament Umpires will also attend a meeting to discuss tournament rules and tournament protocols (meeting not scheduled to date but will be scheduled in late May). In this meeting, the umpires are told that prior to every game they are responsible for walking the field to determine if the fields are safe to play on.

So, under the direction of the Tournament Director, each field will be inspected by seven sets of eyes prior to every tournament game (most of our tournament games are covered by four umpires).

A checklist and training will be provided to all Tournament Directors at the Tournament Director Meeting (meeting not scheduled to date but will be scheduled in May). An example is included in this Safety Plan (Attachment IV).



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REQUIREMENT 8

COMPLETE THE 2020 ANNUAL LITTLE LEAGUE FACILITY SURVEY

All fields used by District 68 for the Junior/Senior games, Tournament of Champions, and All Star games are maintained and administered by a league within the district. Each League completes the Annual Survey and publishes it in their Safety Plan. The District reviews each Safety Plan and retains copies for future reference.

REQUIREMENT 9

WRITTEN SAFETY PROCEDURES FOR CONCESSION STANDS

Concession stands in all fields used by District 68 for Junior/Senior games, Tournament of Champions and All Star games are maintained and administered by a league within the district. During the District use of these fields, the concession stand is staffed by league volunteers. Each of these leagues has Safety Procedures for their concession stand in their Safety Plan. In the review of each of the leagues' Safety Plans, the Safety Officers are reminded to be sure to include each league-specific issue; depending on the equipment that their concession stands have.

REQUIREMENT 10

REQUIRE REGULAR INSPECTION AND REPLACEMENT OF EQUIPMENT

During regular season, each league is required to inspect its own equipment as outlined in its Safety Plan. During the many District Umpire Clinics (Attachment VI), every umpire is instructed on how to inspect helmets, bats and catcher's equipment. Umpires were told that they are required to inspect the equipment prior to every game.

During the Junior/Senior games, Tournament of Champions and All Star games, equipment is initially inspected by the managers. During the Manager meetings, the managers are told what we will be looking for during the tournaments. Prior to each tournament game, the Tournament Director will go onto the field and inspect all of the equipment. Managers or coaches will put the equipment in front of their dugouts, the Tournament Director will inspect the equipment; and if it all passes; they will instruct the managers and coaches that they can now put the equipment back into the dugouts. All equipment not passing the inspection will be physically removed from the field of play and either thrown away or stored at the Tournament Director's table until the end of the game.

An example of the checklist is in Attachment V.



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REQUIREMENT 11

IMPLEMENT PROMPT ACCIDENT REPORTING AND TRACKING PROCEDURES

All league safety officers are trained in using accident reports at the Safety Officers meeting presentation (Attachment I, December 18). They are encouraged to require an accident report of all accidents, no matter how insignificant the manager thinks the incident is. Each league develops its own form. Typically, accident forms are required to be completed within 24 hours of the incident, and copies are required to be sent to the District within 48 hours of reporting to the League Safety Officer.

During the District 68 Junior/Senior games, Tournament of Champions and All Star Tournament; a Tournament Director's book will be at each site. Each book contains blank Safety/Injury Reports. Training for the Tournament Directors will be given during the Tournament Directors' training (meeting not scheduled to date but will be scheduled in late May). All Reports are to be filled out at the time of the incident and reported at the time the Tournament Director reports his scores. A copy of the report is kept in the Tournament Director's book, and the Tournament Director for the next game played by the injured player's team will be informed. If the player was either removed from the game because of an injury or taken to the hospital/doctor; a signed note from his doctor will be required before the player will be allowed to participate again in the tournament.

REQUIREMENT 12

REQUIRED FIRST AID KIT AT EACH GAME

Each league will provide each of its Managers a First Aid kit to be used during Regular Season play. All Managers participating in any of the District-sponsored tournaments will be expected to bring their First Aid kits. A site First Aid kit will be kept at the Concession Stand. We will instruct all Leagues that are hosting a tournament what should be the makeup of the site kits. This will be discussed at the Presidents and Tournament Requirement Meeting on May 27th (Attachment I).

Emergency Procedures

General

In the event of any threatening condition that may occur during any team practice, event, or game, the manager of the team shall be the guardian of all players in their charge and shall have the necessary medical releases to act on the players' behalf. Such duty shall not be relinquished to anyone other than that player's own parent or legal guardian.



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Earthquake

The baseball field is most likely a very safe location during an earthquake. Those responsible for players shall maintain supervision of and provide for the players' safety at all times. During the shaking, have all players inside a structure "duck, cover, and hold on". If outside, be aware of light standards or trees that may topple. When the shaking stops, ensure that all players are accounted for and direct them to a safe area away from any structure or object that may be unstable or present a hazard. Provide for any first aid that may be required and call 911 for any situation that is beyond basic first aid. Maintain a calm demeanor for the players. They will be looking to the responsible adult for calm direction and assurance. Release the players only to their proper guardian. A manager shall make every effort to maintain possession of the players' medical authorizations in the event that manager has to act on the player's' behalf.

Lightning

Little League's official policy on lightning safety is located in Appendix A of the 2021 rulebook.

Following are some of the highlights for lightning safety:

In the case of threatening weather, one person should be designated as the "Lightning Monitor". This person shall not be a manager, coach or umpire. This person should probably be the "board member on duty" or tournament director. The Lightning Monitor should have access to some sort of electronic device, either a lightning detector or an application on some sort of internet connected device.

Should lightning be detected six to ten miles away, play shall be halted and not resumed until lightning has not been detected within a six to ten mile distance for a period of 30 minutes.

During this stoppage of play, all players and spectators should be sheltered inside a building or vehicle. They should not be in a dugout that is comprised a chain link fencing. Shelter should not be sought under a tree or near any other tall object. Nor should persons be out in the open where they are "the tallest point". Inside a building or vehicle is the safest place to wait out a delay caused by lightning.

Active Shooter or Civil Disturbance

As District 68's events occur on various fields and sites, it is impossible to make specific procedures to safeguard the safety of the players and others specific to any all events.

In the event of an active shooter or other disturbance, the manager has the responsibility to provide for the safety of the players under their direction. Attempt to maintain team unity if at all possible. Direct players in one direction away from the shooter/perpetrator/hazard. Use the **Run, Hide, Fight** methodology. First, run away. If running is not possible, hide, shielding yourself and others in your charge from view of the presented danger. Lastly is to fight the aggressor(s).

Call, or ensure that 911 is called to report the disturbance. Provide first aid to those that require assistance. Maintain supervision and control of the players until their transfer to a



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proper guardian. Remember that the players will be looking to the adult in charge to remain calm and provide clear direction and assurance. Again, make every effort to maintain possession of the medical releases for all players so that the manager may act in the players' behalf should the need arise.

REQUIREMENT 13

ENFORCE LITTLE LEAGUE RULES INCLUDING PROPER EQUIPMENT

District 68 conducts several Rules Clinics prior to the season beginning (Attachment VI). Each league will host the clinic and the UIC of the District and his assistant will instruct in the clinic. The Rules Clinics are attended by Umpires, Managers and Coaches, and parents. Most leagues in District 68 require as a minimum that every Manager in the League is required to attend. Some leagues require the Coaches to attend also. The curriculum is very similar to the one used at the Western Regional Weekend Rules Clinic but condensed down to a 4-hour presentation. Included in the curriculum are rules and proper equipment (catcher's equipment, gloves and bats). Managers are constantly reminded that they will not be allowed to catch during pre-game or game times.

REQUIREMENT 14

Requirement 14 is now the online filing of the A Safety Awareness Plan, (ASAP).



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ATTACHMENT 1

2020/2021 Season Meetings and Important Dates

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Date	Day	Time	Name of Meeting
September 16 ¹	Wednesday	7:00 PM	Presidents and All Other Board Members
October 21	Wednesday	7:00 PM	Presidents, Junior/Senior Coordinators and Player Agents
November 18	Wednesday	7:00 PM	Presidents, Safety Officers and Chief Umpires
December 16	Wednesday	7:00 PM	Presidents, Angel Day Coordinators and Player Agents
January 20	Wednesday	7:00 PM	President and Safety Officers
January 27	Wednesday	7:00 PM	Junior Meeting/Senior Meeting (Mandatory for all leagues)
January TBD	TBD	6:30 PM	Coaches Field Clinic
February 17	Wednesday	7:00 PM	President and TBD
March 17	Wednesday	7:00 PM	President and Chief Umpires
April 20	Wednesday	7:00 PM	President and Fall Ball Coordinators
May 19	Wednesday	7:00 PM	President and Tourn. Requirements (TOC and All-star Requirements)
May 26	Wednesday	7:00 PM	TOC Managers-Minors, Majors & Juniors
May 29	Saturday	TBA	Begin the TOC
June 16	Wednesday	5:00–10:00 PM (by appointment)	All Star Affidavit Approvals
June 23	Wednesday	7:00 PM	All Star Manager Meeting
See Tourn Schedule	Saturday	TBA	All Stars Begin



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2021 Tournament Hosts and Dates

Level	Age Group	Host	Date
District TOC	Minor	TBA	May 29 – June 7
	Major	TBA	May 29 – June 7
	Junior American	TBA	May 29 – June 7
	Junior Central	TBA	May 29 – June 7
	Junior National	TBA	TBD
OC TOC	Junior National	District 30 (Orange, Field TBD)	TBD
District All-Star	9	TBD	June 19 th – July 5 th
	9/10	TBD	June 26 th – July 11 th
	10/11	TBD	June 26 th – July 11 th
	Little League	TBD	June 26 th – July 11 th
	Intermediate	TBD	June 19 th – June 29 th
	Junior	TBD	June 26 th – July 11 th
	Senior	TBD	June 19 th – June 30 th
Section10	9	District 68	July 17 th – July 22 nd
	9/10	District 68	July 17 th – July 22 nd
	10/11	District 55	July 17 th – July 22 nd
	Little League	District 62	July 17 th – July 22 nd
	Intermediate	District 46	July 1 st – July 6 th
	Junior	District 46	July 16 th – July 21 st
	Senior	District 68	July 2 nd – July 7 th
Southern California State	9/10	District 42- Chula Vista/Parkview	July 24 th – August 3 rd
	10/11	District 55- Aliso Viejo	July 24 th – August 3 rd
	Little League	District 62- Fountain Valley	July 24 th – August 3 rd
	50/70 Intermediate	District 32- Point Loma	July 8 th – July 16 th
	Junior	District 17- Pasadena	July 23 rd – July 31 st
	Senior	District 72- Norco	July 9 th – July 17 th
Western Region	Little League	San Bernardino, CA	August 8 th – August 14 th
	50/70 Intermediate	Nogales, AZ	July 20 st – July 29 th
	Junior	San Jose, CA	August 3 rd – August 11 th
	Senior	Sacramento, CA.	July 20 st – July 28 th
World Series	Little League	Williamsport, Pennsylvania	August 19 th – August 29 th
	50/70 Intermediate	Livermore, California	August 1 st – August 8 th
	Junior	Taylor, Michigan	August 15 th – August 22 nd
	Senior	Easley, South Carolina	July 31 st – August 7 th



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ATTACHMENT 3

PRE-GAME FIELD SAFETY CHECKLIST

Date: _____ **Time:** _____
Home Team: _____ **League:** _____
Visitor Team: _____ **Field Location:** _____
Division: _____

FIELD CONDITION:	REPAIRS NEEDED		DUGOUTS:	REPAIRS NEEDED	
	YES	NO		YES	NO
Wet or Muddy	<input type="checkbox"/>	<input type="checkbox"/>	Fences Need Repair	<input type="checkbox"/>	<input type="checkbox"/>
Backstop Repairs	<input type="checkbox"/>	<input type="checkbox"/>	Bench Need Repair	<input type="checkbox"/>	<input type="checkbox"/>
Bases	<input type="checkbox"/>	<input type="checkbox"/>	Bat Rack	<input type="checkbox"/>	<input type="checkbox"/>
Pitcher's Mound	<input type="checkbox"/>	<input type="checkbox"/>	Helmet Rack	<input type="checkbox"/>	<input type="checkbox"/>
Holes in the Field	<input type="checkbox"/>	<input type="checkbox"/>	Clean-up Needed	<input type="checkbox"/>	<input type="checkbox"/>
Sprinklers Exposed	<input type="checkbox"/>	<input type="checkbox"/>	Shade Provided	<input type="checkbox"/>	<input type="checkbox"/>
Fences Need Repair	<input type="checkbox"/>	<input type="checkbox"/>	Seating Area Protected	<input type="checkbox"/>	<input type="checkbox"/>
Home Plate	<input type="checkbox"/>	<input type="checkbox"/>	SPECTATOR AREAS:		
Foul Lines Marked	<input type="checkbox"/>	<input type="checkbox"/>	Bleachers	<input type="checkbox"/>	<input type="checkbox"/>
Batter's Box Holes	<input type="checkbox"/>	<input type="checkbox"/>	Handrails	<input type="checkbox"/>	<input type="checkbox"/>
Catcher's Box Holes	<input type="checkbox"/>	<input type="checkbox"/>	Protective Fence	<input type="checkbox"/>	<input type="checkbox"/>
Umpire Area Holes	<input type="checkbox"/>	<input type="checkbox"/>	Area Clean	<input type="checkbox"/>	<input type="checkbox"/>
Field Ready to Play	<input type="checkbox"/>	<input type="checkbox"/>			

Comments:



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ATTACHMENT 4

PRE-GAME EQUIPMENT SAFETY CHECKLIST

All equipment needing repair must be physically removed from the game.

Checked
BATTING HELMETS

- ☐ Cracks in Bill
- ☐ Cracks on Earpiece
- ☐ Other Cracks
- ☐ Non-Factory Stickers
- ☐ Non-Factory paint
- ☐ All Pads Present

CATCHER'S HELMETS

- ☐ Cracks on Helmet
- ☐ Non-Factory Stickers
- ☐ Non-Factory paint
- ☐ All Pads Present
- ☐ Mask Securely fastened
- ☐ Throat Protector Present

Checked
BATS

- ☐ Approved Composite Bat
- ☐ Diameter of Bat
- ☐ Length of Bat
- ☐ Both Caps Present
- ☐ Handle Grip Present
- ☐ Handle in Good Condition
- ☐ Any Cracks Present
- ☐ Any Dents Present
- ☐ Seniors/Big League:-3



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ATTACHMENT 5

DISTRICT 68 SAFETY/INJURY REPORT

Date: _____ Time: _____ Injured Player's League: _____				
Name of Injured Player: _____				
Injured Player Phone Number: _____				
Tournament:	TOC:	<input type="checkbox"/> Minor TOC	<input type="checkbox"/> Major TOC	<input type="checkbox"/> Junior TOC
	All Star:	<input type="checkbox"/> 9/10 AS <input type="checkbox"/> Junior AS	<input type="checkbox"/> 11 AS <input type="checkbox"/> Senior AS	<input type="checkbox"/> Major AS
Level:	<input type="checkbox"/> District	<input type="checkbox"/> Sections	<input type="checkbox"/> State	
Action Taken:	<input type="checkbox"/> First Aid at Field	<input type="checkbox"/> Doctor at Field	<input type="checkbox"/> Paramedics	
Type of Injury/incident: _____				
Brief Description of incident: _____				
Tournament Directors Name: _____				
Tournament Director Phone #: _____				

**This Form Must be Completed for all Injuries, no matter the severity
Complete the Form and keep it in the Tournament Director Notebook
Report any injury when reporting your score**



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ATTACHMENT 6

DISTRICT 68 TOURNAMENT PROCEDURES

DISTRICT 68 TOURNAMENT



POLICIES AND PROCEDURES 2020





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Scott Goodman, Tournament Umpire Consultant

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TOURNAMENT DIRECTORS

- **Introduce yourself** to managers, coaches, and umpires so they are all aware who the TD is for their game. Be sure to introduce yourself to the host Leagues officials.
- **TDs are responsible** for checking players' equipment prior to game (bats and helmets).
- Tournament Directors are to wear tournament shirts and hats.
- **Consistency among all TDs.**
- **Tell the manager** where he can warm up his team.
- **Coin toss 45 minutes prior to game time.** Home team will take the 3rd base dugout.
- **Infield should start 30 minutes prior to game time** (10 minutes each, first the visitor team followed by the home teams).
- **Try to stay on schedule.** If waiting for a game to finish, make sure the next teams are ready to go.
- **TD must witness all line-up changes (especially the pitching changes).**
- **TD must be aware of the pitch count.** Pitch count should be announced at between every inning.
- **Safety/injury reports and ejections** will be reported and a hard copy kept in your notebook.
- **Text Dan Moore, 714-321-3128 with final scores.**

SCORES WILL BE POSTED ON THE DISTRICT WEBSITE
www.District68.com

IT IS VERY IMPORTANT THAT SCORES BE REPORTED IN
WHEN GAMES ARE COMPLETED



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TOURNAMENT UMPIRES

- **Dress:** black shirt (games starting at or after 6:00 PM games) or light blue (games starting before 6:00 PM games), red or black undershirt (depending on color of jersey), gray pants, black hat, black shoes. Bring both sets of shirts in case one of the umpires does not have a color; plate umpire will determine the game color.
- **Call Umpire Assigner ahead of game time** if you are unable to work an assigned game. Phone number is listed below. **Do not try to get a replacement.**
- **Arrive on the field** at least 30 minutes prior to game time and check in with TD. If plate umpire is not checked in 20 minutes prior to game, the TD may assign a new plate umpire from the assigned crew.
- If scheduled to work the plate at a game and the league that you represent is playing, **rotate the crew. Get off the plate.**
- **Pre-Game Meeting** at the plate will be 10 minutes prior to game time. Keep both teams in dugout during the plate meeting.
- **Be tactful**, not rude.
- **Stay in position.** Do not socialize with fans, managers, or other umpires between innings. Between innings, all base umpires will be standing in the outfield.
- **Keep control on field and in dugouts.**
- **Keep managers and coaches in the dugouts.** Stop the Manager and Coaches from talking to the spectators
- **Stay alert and keep game moving.**
- If you are called in as a replacement, find out who you are replacing so TD at the field knows where you should be.

Same-Day Cancellations: Call Scott Goodman at 949-292-8894



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MANAGERS AND COACHES

- **Dress code for all Managers and Coaches on the field**
 - **No tank tops or sleeveless shirts**
 - **Must have closed toed shoes; no sandals**
 - **Nice shorts or slacks.** jeans are acceptable
- **Team Affidavit** is the responsibility of the Manager. Failure to provide team's original affidavit at each game may result in **forfeiture** of the game.
- **Pitching logs** must be provided to the TD at the coin toss. **No Pitching Log, no game!**
- **Arrive at the field early**—at least 1 hour prior to game time.
- **Check in with Tournament Director.**
- **Coin Toss is 45 minutes prior to game time** (toss time is by TD's watch). If you are not there, the TD will do the coin toss with the Manager that is there. Then report to dugout.
- **Have line-up card ready**—2 copies for the plate umpire and 1 copy for the scorekeeper. Use standardized card supplied by District 68.
- **Have team introduction list ready for announcer.**
- **Have team meet in warm-up area.**
- **Managers and Coaches will not be allowed to catch pitchers or any players before, during or after the game.** No adults with gloves will be allowed.
- **Home Team will use the 3rd base dugout and the Visiting Team will use the 1st base dugout.** No exceptions
- **Place all helmets, catcher's equipment and bats outside your dugout for inspection.** The TD will tell you when you can put your equipment back into the dugout
- **Managers are responsible to carry a list of the approved Composite bats.** All bats removed by the TD will remain out of the game unless the Manager has the list of approved bats
- **Be ready to show the TD your First Aid Kit.** Be sure it is fully stocked.
- **Infield should start 30 minutes prior to game time** (10 minutes each, first the visitor team followed by the home team).
- **Stay on schedule.** If waiting for a game to finish, make sure your team is ready to go when the field is ready.
- **Keep control of players in the dugout.** No one—Managers, Coaches or Players—is allowed to talk with the spectators; risk of ejection.
- **No cell phones are allowed in the dugout or field.** Electronic scorebooks will be allowed in the dugout



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TOURNAMENT HOSTS RESPONSIBILITIES

- **Fields in good condition. Sufficient parking. Snack bar and restrooms.**
- **Designated parking for umpires and staff.**
- **Adult volunteers**—and plenty of them.
- **Volunteers should arrive at the field early** to allow for preparation.
- **Safety Officer at all games.**
- **Emergency phone numbers posted in snack bar.**
- **Fully Supplied First Aid Kit in the Snack bar.**
- **Designate an area for TD, Scorekeepers, and Announcer** with a working area.
- **Designate coordinators** for Snack Bar, Field Maintenance, and Scorekeeper/Pitch Counter/Announcers (and supply their phone numbers).
- **Rope off area around dugout, behind Home Plate and centerfield** to deter player distraction.
- **Shading tarp over dugouts.**
- **Shaded area with table and chairs for umpires.**
- **Designate a warm-up area** for incoming teams.
- Hosting is your first responsibility. Make sure all host responsibilities are taken care of before watching your team on the field.
- Be sure field is laid out according to Little League specifications [i.e., foul lines, batter's box (size and position), coaching boxes, running lane at first base].

Announcers—give names of players that are at the plate. Check the player's number. No play-by-play or ball/strike count. Announce score and inning at change of innings only. **Also announce the pitch count.**



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ATTACHMENT 7



Centers for Disease Control and Prevention
CDC 24/7: Saving Lives, Protecting People™

HEADS UP to Youth Sports

To help ensure the health and safety of young athletes, CDC developed the HEADS-UP Concussion in Youth Sports initiative to offer information about concussions to coaches, parents, and athletes involved in youth sports. The HEADS-UP initiative provides important information on preventing, recognizing, and responding to a concussion.

Free Concussion Training Course



Get prepared for the new season.

HEADS UP Concussion in Youth Sports is a free, online course available to coaches, parents, and others helping to keep athletes safe from concussion.

<https://www.cdc.gov/headsup/youthsports/training/index.html>



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ATTACHMENT 7 (cont)

Sudden Cardiac Arrest

- **AB379 Concussion and Sudden Cardiac Arrest Prevention Protocol (2020)**

This law extends the protocol introduced in AB1639 to community youth sports programs, with the addition that sports officials (referees, umpires, etc.) and administrators also take mandatory Sudden Cardiac Arrest prevention training. This law applies to an organization, business, non-profit entity, school or local governmental agency that sponsors or conducts amateur sports competitions, training, camps or clubs for those under 18.

- Training: Eric Paredes Save A Life Foundation

[SCA Prevention Training Registration - Eric Paredes Save A Life Foundation \(epsavealife.org\)](https://epsavealife.org)

**ERIC PAREDES
SAVE A LIFE
FOUNDATION**

About ▾ Programs ▾ Get Screened Volunteer Get Educated ▾ Resources ▾ SCA Law ▾ Donate ▾ 5K Contact

Register to Take the Training

California law mandates Sudden Cardiac Arrest Prevention training for school and community youth sports coaches, officials and administrators. This free training will:

- take just 20 minutes
- provide you with a downloadable certificate you can use as proof of compliance
- allow you to log back in to return to the training as often as needed (so register now!)
- help prepare you to protect your young hearts from the #1 killer of young athletes

Sudden Cardiac Arrest Prevention Training

KEEP THEIR HEART IN THE GAME

FOR COACHES, SPORTS OFFICIALS AND ADMINISTRATORS

- Set up an account on the bottom of the page (free of any charge)
- Take the Course
 - Pre-quiz
 - Video
 - Post Quiz
 - Print the Certificate



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ATTACHMENT 7 (cont)

Abuse Awareness Training

- Little League is using USA Baseball's training and certification

- <https://www.sportdev.org/>
- Create an account
 - Organization: Little League California District 68
- Select: Education -> Course Catalogue
- Select: View Courses
- Select:

Abuse Awareness for Adults



Creating a Safe and Abuse Free Environment for Athletes

Hosted by former Major Leaguer and current Chicago Cubs Manager, David Ross, the Abuse Awareness for Adults course provides resources to create a positive and safe environment for all athletes, coaches, parents, umpires, and spectators by understanding how to recognize misconduct and abuse of all types. Topics covered include how to identify and report incidents and what abuse awareness policies should be in... [Details](#)

-
- Select Details

Abuse Awareness for Adults



Creating a Safe and Abuse Free Environment for Athletes

Hosted by former Major Leaguer and current Chicago Cubs Manager, David Ross, the Abuse Awareness for Adults course provides resources to create a positive and safe environment for all athletes, coaches, parents, umpires, and spectators by understanding how to recognize misconduct and abuse of all types. Topics covered include how to identify and report incidents and what abuse awareness policies should be in place.

Your price: 0.00

Quantity:

Add to Cart



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- Will send you an email with information on how to get to the course
 - Course takes about 1 hour
 - Take a Quiz
 - Receive your Certificate



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ATTACHMENT 8

Little League Name: _____
California District _____

This document will provide a sample guidance for Little League leagues in Southern California to resume play following local authorities' approval to resume youth sports. This document can be used in its entirety or may be modified to incorporate the local league's specific requirements. The local league's working document should be approved by its District Administrator and local authorities, if applicable. A finished and approved copy of this document should be incorporated in the local league's Safety Manual; the approved Safety Manual will not need to be resubmitted to Little League International but should be distributed to all appropriate local league personnel. The fields used by the local league are listed in the local league's Safety Manual (remove this paragraph from the final document).

The following plan has been established in an effort to resume Little League Baseball and Softball activities while protecting and supporting our player's health, practice social distancing, limit large gatherings, and minimize risks of COVID-19. This guidance has been approved by the local league's board of directors and will be submitted to the local authorities for final approval. No activities will begin until the State of California and County of _____ (list local county) have given their approval to begin youth sports activities. These activities will take place on the following fields: _____ (List the fields that you will be using). An approved copy of this document can be found in the local league's Safety Plan.

I. TEAM ROSTERS & ADULT PARTICIPATION FOR GAMES

PLAYERS

Competitive Teams

Team roster should not exceed 13 players per team on any given game or practice day

- 9-13 players maximum per team is permitted on one playing field at one time
- Non-Competitive Teams—Tball, Coach Pitch, "A" and Challenger Divisions
- 8-12 players maximum per team on any given game or practice day is permitted for Tball, Coach Pitch and "A" divisions
- 13 players maximum per team on any given game or practice day is permitted for the Challenger Division

All Players for Both Competitive and Non-Competitive Teams

- Players will be assigned personal spots in their team dugout (or on designated bleacher area) such that they remain 6 feet apart
- Players shall put their equipment bag outside the dugout. Personal bat, helmet and other game use equipment should be kept under their designated seat until the equipment needs to be used
- Players shall stay in their assigned personal spot when in the dugout while waiting for their turn to bat or sitting on the bench when their team is on defense
- Players shall wear face coverings when in the dugout. When it is their time to bat or return to the field for defensive play, they are to put their face covering in their own bag and keep with their own equipment. If a player is using a full-face-covering-type mask (wraps completely around the head), the player may just pull the mask down while at bat or while playing defense.
- Players shall only use their own game equipment—no sharing of equipment (exception of shared equipment is the game ball). If a team bat is being used, the bench coach will wipe it down with a sanitizing wipe after each player's use.



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MANAGERS/COACHES

ALL Teams

Three league-approved adult volunteers are permitted to be involved with each team per each game

- 1 Team Manager per team
 - Acts as 3rd base coach during team's offensive play
 - Manages batting order and defensive line-ups
 - Required to wear face covering when players are in dugout and/or when unable to practice 6 feet of social distancing
- 2 Dugout Coaches per team
 - Assists manager with communicating batting order and defensive line-ups
 - 1 coach acts as 1st base coach during team's offensive play
 - 1 coach remains in dugout with players
 - Retrieves and wipes down bats with sanitizing wipe after each player's at bat
 - Enforces social distancing of players while in designated dugout
 - Enforces players wearing face covering while in designated dugout
 - Required to wear face covering when players are in dugout and/or when unable to practice 6 feet of social distancing
- A parent volunteer may be used to help the dugout coach to monitor the players seated in the bleachers
 - Assists manager with communicating batting order for players in the bleacher area
 - Enforces social distancing of players while in designated bleacher area
 - Enforces players wearing face covering while in designated bleacher area
 - Required to wear face covering when players are in the bleacher area and/or when unable to practice 6 feet of social distancing

Non-Competitive Teams

Due to the age, developmental level, and physical abilities of the players within the non-competitive divisions (Tball, Coach Pitch, "A", Challenger), additional approved adult volunteers are permitted, but not required, during defensive play

- There will be a maximum of 4 approved volunteers (1 Team Manager, 2 Dugout Coaches, 1 Adult Volunteer)
- For Challenger Division, there may be special circumstances requiring additional one-on-one assistance to players
- Board of Director approval will be required to include additional volunteers during games and practices (as needed to play)
- All approved volunteers assisting with the non-competitive divisions must wear a face covering while they assist and interact with the players

OTHER ADULT ROLES

- Umpire (Required for all competitive games)
 - Set up 6 feet behind catcher and batter or behind the pitching mound
 - For "Majors" and below it is recommended that umpires call balls and strikes from behind the pitcher's mound
 - Required to wear face covering at all times while on the field of play
 - Must discuss each umpire's responsibility in their pre-game meeting
- Scorekeeper (Required for all competitive games)
 - One designated scorekeeper for each game—no exceptions
 - Scorekeeper to sit in score booth—only one person in the score booth
 - The scorekeeper will also keep the pitch count



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- A family group member may be used as a pitch counter
- Required to wear face covering when unable to practice 6 feet of social distancing during interaction with others
- Pencils and other scorekeeper supplies will be supplied by the league only when requested. If league supplies are used, they should be sanitized after each person's use. Scorekeeper is encouraged to bring their own pencils, erasers, pens
- **Board Member on Duty** (Minimum of one board member per game time slot)
 - Board Member on Duty will manage the entire operation of the field(s) on game days
 - Board Member on Duty will be assisted by a Safety Coordinator when there are multiple games scheduled during the same time slot
 - Board Member on Duty will wear a face covering when they are unable to practice 6 feet of social distancing during interaction with others
 - Player & Spectator Management
 - Traffic control to limit congregation of groups
 - Remind spectators of social distancing guidelines—6 feet apart; encourage face coverings when unable to adhere to social distancing guidelines
 - During game, remind players, coaches and umpires about social distancing plan and protocol with equipment
- **Safety Coordinator** (Assistant to Board Member on Duty on game days)
 - The league Safety Coordinator will be one adult designated to assist the Board Member on Duty during game days when there are multiple games scheduled during the same time slot
 - The Safety Coordinator will remain on-site at all times when multiple games are being played
 - Safety Coordinator will educate and enforce social distancing among players and spectators
 - Safety Coordinator will communicate with all participants of the game and all spectators in a friendly, yet firm, manner that all social distancing protocol must be adhered to during their time at the field
 - Safety Coordinator will wear a face covering when they are unable to practice 6 feet of social distancing during interaction with others

II. EQUIPMENT PROTOCOL

PLAYER EQUIPMENT

- Players are not to use bat racks or helmet racks
- Bats, helmets, gloves are not to be shared between players
 - If a player is using a "team" bat, that bat will be kept in the bat rack and will be cleaned with a sanitizing wipe after each use.
- Catchers must have their own equipment
 - League can provide gear for each game that is used by only one player per day
 - Borrowed league's catcher's gear is to be wiped down with sanitizing wipe prior to reuse (24 hours must pass before reuse)
- Players to keep their own equipment in their own bag
- Bats are retrieved by player if out at first
- Bats are retrieved by dugout coach if player reaches base safely—dugout coach to wipe down bat with sanitizing wipe and set on side of dugout for player to retrieve upon reentering dugout and place in their own equipment bag

UMPIRE EQUIPMENT



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- Umpires are encouraged to use their own umpire gear
- League can provide umpire gear to include a protective face covering, chest protector, shin guards and umpire indicator—each set of gear is to be used by only one umpire per day
 - Gear must be wiped down with sanitizing wipe prior to reuse of gear (24 hours must pass before reuse)

III. PREGAME & POSTGAME—PLAYERS & SPECTATORS

PLAYER ARRIVAL TO GAME SITE & WARM-UPS

- Players to arrive to the game site no earlier than 30 minutes before the game time for warm-ups
- Players are not to congregate within a group prior to taking the field to warm up
 - Home team to warm up on left field
 - Visitor team to warm up on right field
- Each team to follow social distancing guidelines during warm-ups
 - Stretching—separate in a space to allow 6 feet apart
 - Running—run as a team spaced 6 feet apart
 - Throwing—ensure throwing distance is at least 6 feet apart
 - Defense warm-up—when taking grounders, players awaiting their turn should be spaced from the other players at least 6 feet apart
 - Pitcher/catcher warm-ups in bullpen only; coach is to maintain a distance of 6 feet from players during instruction; coach to wear face covering at all times while in the bullpen

STARTING THE GAME

- For the Pledge of Allegiance and/or Little League Pledge—players will line up along their dugout side baseline, spread out down the baseline, at least 6 feet apart, to recite both pledges
 - Managers and coaches will line up behind their players, closer to the dugout; managers/coaches to remain 6 feet from each other and minimum of 6 feet from their players
 - Umpire to stand at home plate during pledges at a minimum distance of 6 feet from a player or adult
- For the plate meeting, managers from both teams will meet the umpire at the plate—all parties are required to wear a face covering during the plate meeting

DURING THE GAME

- Players are encouraged to use hand sanitizer as frequently as possible during the game
 - Players should have a personal bottle of sanitizer kept in their equipment bag
- No group gatherings at home plate following a home run
- No high fives or handshakes following a play or game
- Dugout coach to wipe down player's bats after use
- Players are to bring their own water/Gatorade for use during their game—no team water jugs or ice chests are permitted; players are not to share their drinks or snacks with anyone
- Sunflower seeds are not allowed at any time

CONCLUSION OF THE GAME

- There will be no “good game” high-five line
- Players will line up along their dugout side baseline, spread out down the baseline, at least 6 feet apart, and tip their caps to the opposing team
- Manager/Coach to say a few words to their team while their players are lined up on baseline to acknowledge good play and sportsmanship, thank the umpires and the volunteers



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- Congregation of teams/players is not allowed at the game site—there is to be no after-game team meeting at the game site
- Players and families will be asked to leave the game site within 20 minutes of the game concluding

SPECTATORS AT THE GAME SITE (Spectators are defined as parents, caregivers, siblings, family, fans)

- Spectators should try to limit their time at the field prior to game time when possible, based on child's age and needs
- Spectators are not to congregate in a group outside of their stay-at-home family group
- Spectators will not be allowed to stand behind the home plate area within 6 feet of the backstop. Caution tape will be used to mark off the restricted area.
- Bleachers will be closed to all spectators; bleachers will only be used as an extra area for players, managers, and coaches who are participating in a game. Caution tape will be used to close off this area to spectators and will be used to mark off a path from the bleachers to the dugout/field entrance
- All spectators will sit outside the field fence at least 6 feet away from the dugout/field entrance. Chairs, blankets, etc., may be set up by spectators
- There should be no more than 10 people sitting together in a "family group;" the "family group" is only to include their stay-at-home family
- There should be at least 10 feet between each "family group" along the fence line

IV. SNACK BARS—FOOD & BEVERAGE

FOOD & BEVERAGES AVAILABLE FOR PURCHASE AT LEAGUE SNACK BARS

- No food or concession sales should be allowed at facilities.
- Families are encouraged to bring their own snacks
- There will not be any outdoor seating areas available in an effort to limit any congregation (picnic benches or tables)
- Hand sanitizer will be available at the snack bar ordering window

V. FIELD MAINTENANCE ON GAME DAYS

Field maintenance equipment to include, but not be limited to, rakes, field drags, shovels, paint/chalk sprayers, and hoses. Field maintenance equipment will only be handled by a maximum of two league members per team who will be designated as the "field crew"

- Field crew to be the only person(s) to use the field maintenance equipment
- Field crew to wear gloves during all field maintenance—including set up and tear down
- Field maintenance equipment to be wiped down after each use
- Paint/chalk sprayer push handle to be wiped down with sanitizing wipes after use

VI. FIELD FACILITIES & SURROUNDINGS

FIELD FACILITIES

- All restrooms will be serviced and wiped down every hour and will be stocked with soap for hand washing
- Trash cans will be touchless; lids will remain open when field site is open to players/spectators
- Snack bars will be wiped down at the beginning and end of the day, as well at the beginning of each shift change



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FIELD SURROUNDINGS

- Informational signage will be posted throughout the field(s) regarding infection control, social distancing and the use of face coverings and gloves
- No visitors who are unrelated to a player or sales representatives or outside distributors will be allowed at the field
- Drinking fountains will be removed or covered

VII. TEAM PRACTICE PROTOCOL

TEAM PRACTICE AT FIELDS

- Team practice protocol shall align with all game day guidelines and protocol
 - No sharing of equipment
 - Proper social distance spacing during warm-up, practice drills and batting
 - Hand sanitizer to be used by players before and after use of any equipment and transition of offense and defense drills
 - Players to wear a face covering if they are unable to practice standard social distancing
- Enforcing social distancing, use of face coverings and sanitizing equipment shall be the sole responsibility of each team manager, team coach(es) and/or other approved adult league volunteer that is organizing a team practice
- Player's participation in team practice is at the sole discretion of the player's parent/caregiver; there will be no repercussion on game day for any player who does not attend a team practice

VIII. ONGOING MONITORING PROTOCOLS

PERSONAL PREVENTION ACTIONS

- All league members and visitors to the fields will be reminded of their responsibility to adhere to personal prevention actions including:
 - Stay home when sick or having symptoms of becoming sick (i.e., symptoms of respiratory illness, fever, or cough)
 - Wash hands frequently with soap and water for at least 20 seconds
 - Cover coughs and sneezes with a tissue, dispose of the tissue and wash hands immediately after. If tissue is not available, cough or sneeze in elbow
 - Do not touch eyes, mouth, or nose with unwashed hands
 - Avoid contact with people who are sick or who are exhibiting symptoms of being sick
 - Avoid sharing items
 - Always maintain the recommended minimum of 6 feet separation from others
 - Wear a face covering when unable to practice 6 feet of social distancing
 - Sanitize frequently touched objects and surfaces

PROTECTING THE FIELD ENVIRONMENT

- All league members and visitors will be reminded of the importance of social distancing while at the fields as well as in all other environments
- A minimum of 6 feet of social distancing should be maintained at all times
- Face coverings should be worn to increase protection when unable to socially distance
- Continued efforts to sanitize facilities, equipment, and areas and items of common touch points will be



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ENSURING COOPERATION

- Board Members and league officials will maintain ongoing communication with all members of the league to include all players/managers/coaches/spectators at the field to limit any violation of the safety protocols
 - All players/managers/coaches/spectators will be reminded that any violation of the social distancing and safety protocols will jeopardize the continued operation and opening of Little League games
 - Any player/manager/coach/spectator who refuses to adhere to the protocols after one warning will be asked to leave the field site immediately



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IX. LEAGUE GUIDELINES APPROVAL

These guidelines were established to allow our children the opportunity to play sports. These guidelines reflect the recommendations and views of the community and health care providers. Youth sports and local businesses are required to follow COVID-19 safety and preventive guidelines to remain open and active.

The following persons may be contacted regarding this protocol:

Name	Position	Email	Signature/Date Approved
	League President		
	League Safety Officer		
	League Player Agent		
	District Administrator		

X. PARENT/GUARDIAN ACKNOWLEDGMENT

I understand and agree that these guidelines are necessary for my child(ren) to play Little League and that refusal to follow these guidelines may prevent Little League from remaining open for play and that I may be asked to leave the game site if I do not abide by these guidelines.

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Player Name: _____ Division: _____

Parent/Guardian Signature: _____ Dated: _____